



Tiffany C

Check out this great combo from Anna Martin – use these choreo notes to add in any additional information and remember, your class will need more repetitions of each section until they get the full combination!

There are FOUR parts to this choreo. You can use all four to make a complete routine and teach over a few weeks, or use them in a masterclass scenario over a couple of hours!

Time	Choreo
0:31-	Travel Step Touch (x4) – March x8
0:49-	Travel Step Touch (x4) – March x8 – V-Step x4
1:21- 1:47- 2:16- 3:16- 3:46- 4:22-	Travel Step Touch (x4) – March x8 – V-Step x3 – Leg Curl x2 Sub Double Grapevine for Side Travel Add 1&4 Mambo for March Add direction to 1&4 Mambo Add back turn to marches 5-8 Add squat to V-step