



Penelope

Check out this great combo from Natalie Ward – use these choreo notes to add in any additional information and remember, your class will need more repetitions of each section until they get the full combination!

Time	Choreo
0:23	Grapevine x1 – Step Touch
1:22	Grapevine x1 – V-Step x2 – Step Touch
1:50	Grapevine x1 – F&B V-Step x3 – Step Touch
2:37	Add turn to V-Step 1
3:07	Add turn to V-Step 2
3:37	Add Jump out to V-Step 3
4:20	Change step touch to x4 Chassee & x4 Leg Curl
4:55	Add F&B to Chassee
5:23	Add turn to last 2 Leg Curl