



Godiva

Check out this great combo from Natalie Ward – use these choreo notes to add in any additional information and remember, your class will need more repetitions of each section until they get the full combination!

Time	Part	Choreo
0:00-	A	Double Step Touch Add circle to arms Add diagonal travel F&B Add leg curl to end of travel
1:51-	B	Knee Repeater x4 – Leg Curl Add up and over to knee repeater
2:48 3:13	A + B	Double Step Touch – Knee Repeater – Leg Curl <i>(Self Reversing)</i> Add turn to 2 nd pair of leg curls